



SPECIALTY PRODUCTS

Kontos is proud of our line of special products—from “healthier-for-you,” to convenient or unique—all created with a contemporary life-style in mind.

GREEK LIFESTYLE FLATBREAD®

High Protein, low carbohydrate bread for a healthier lifestyle. They taste good and are better for you!



COCKTAIL FLATBREAD®

Little 2" round grilled flatbreads made from our signature pita. They make a unique platform for nearly any appetizer—sliders, petite sandwiches, elegant hors' doeuevers, even French-toasted. Or serve them right out of the package alongside a dip.



TOASTED TIDBITS®

Low Calorie Snack cut from our signature pita then toasted for crunch! Serve a bunch with your favorite hummus dip. Or add some panache to soups or salads with their fresh-baked taste & crispy texture.



TRADITIONAL & SAVORY CRÊPES

Low Calorie • Elegantly Lite • All-Natural.

Their contemporary flavors and texture complement a variety of fillings from your breakfast omelet to a special seafood wrap dinner ... our crêpe cake makes an elegant dessert!



GORDITA!

Soft Flatbread Taco Shells are ideal for Tacos, Burritos, Quesadillas, Empanadas and more. They're 'pre-oiled' for easier handling and requires a minimal amount of heating to become extremely flexible.



10096007	2"	COCKTAIL FLATBREAD • Appetizer Size	5.2 oz	12/20
10096481	2"	COCKTAIL FLATBREAD • Display shipper	5.2 oz	48/20
19015024	6"	GORDITA!	19.70 oz	6/10
10031	7"	GREEK LIFE-STYLE FLATBREAD (Hi Protein)	10 oz	12/4
19989	7"	GREEK LIFESTYLE • Display shipper	10 oz	30/4
87109	9"	CRÊPES • Traditional Sweet Flavor	4.66 oz	10/6
85109	9"	CRÊPES • Savory Flavor	4.66 oz	10/6
19927	○	TOASTED TIDBITS • Pita Bits	4 oz	12
19920	○	TOASTED TIDBITS • Display shipper	4 oz	36

Our Signature Breads

Pocket-Less Pita® and Gyro, inspired by our heritage, are our two signature breads. And they are our most popular.

The traditional hand-stretched baking method we use makes them light and fluffy. It takes a bit longer to make them, but we guarantee it's worth it.

Their old-fashioned taste, texture and aroma will take you back to Yia Yia's kitchen!



POCKET-LESS PITA®

- 100% VEGETARIAN
- NO CHOLESTEROL
- NO TRANS FAT



The particular dough and traditional hand-stretching method we use to make Kontos® POCKET-LESS® PITA makes it a light, full-flavored, fluffy pita that toasts to perfection ... but does not produce a pocket.

Traditional White:

Perfect with traditional or contemporary cuisine.

Whole Wheat: A More Healthy Option—

Wholesome whole wheat gives this variety its distinctive nut-like flavor.

GYRO BREAD

- 100% VEGETARIAN
- NO CHOLESTEROL
- NO TRANS FAT



Foodservice establishments give Kontos GYRO BREAD a ★★★★★ rating. Our Hand-Stretched & Pre-Oiled baking method makes this gyro stand-out in foodservice. It stays flexible and warm longer than any other gyro—the best choice for a traditional fold-over. Add Kontos Tzatziki Sauce to make it a traditional Gyro.






10015	7"	POCKET-LESS PITA® • White	14 oz	12/5
10027	7"	POCKET-LESS PITA® • White	56 oz	6/20
10025	7"	POCKET-LESS PITA® • Whole Wheat	14 oz	12/5
10006	6"	GYRO BREAD—Pre-Oiled	24 oz	12/10
10005	7"	GYRO BREAD—Pre-Oiled	28 oz	12/10





FLAVORFUL FLATBREAD

KONTOS offers more varieties of flavored flatbreads than any other bakery; from those inspired by the exotic herbs and spices of the Middle East to one infused with the spicy flavors of Mexico. We used our baking expertise to evolve a host of exotic and savory flavored flatbreads to complement today's inclusive cooking style.

10058		MULTI-GRAIN FLATBREAD	14 oz	12/5
10057		HUMMUS FLATBREAD	12 oz	12/4
10077		OLIVE FLATBREAD	12 oz	12/4
10087		ONION FLATBREAD	14 oz	12/5
10039		SOUTHWESTERN FLATBREAD	12 oz	12/4

They're All—



- 100% VEGETARIAN
- NO CHOLESTEROL
- NO TRANS FAT



MultiGrain FLATBREAD

The perfect blend of seven grains and seeds was chosen for this delicious, healthful flatbread. Its whole grain wheat, flax, millet and sesame seeds provide added nutritional benefits...and a natural nut-like flavor.



Olive FLATBREAD

—made with Kalamata olives, onions, spearmint, pepper & spices. Olive flatbread adds a distinctive note to a sandwich, or cut it into triangles, toast and serve with hummus.



Onion FLATBREAD

This savory flatbread is made with chopped onions, and a blend of sesame, cumin, and other spice seeds. When warmed, a light hint of onion accents the aroma of freshly baked bread.



Hummus FLATBREAD

The flavors of the Middle East are baked into Kontos Hummus Flatbread—chickpea flour, cumin, coriander and red pepper make this a deliciously spicy flatbread...with just a little "heat."



SOUTHWESTERN FLATBREAD

The flatbread with a 'bite!' Our special blend of chopped jalapeño, cilantro, green chili and onions gives this flatbread that irresistible, piquant Southwestern flavor.

NAN & ROTI



This special line was created for our patrons from Southern Asia. We bake each of these Nans and Roti with the distinct styles and flavors of their regions and cultures in mind...so they're perfect for traditional dishes. But don't limit your creativity—Use them with any meal!

10081	OVAL	TANDOORI NAN	14 oz	12/5
10038	OVAL	MASSALA NAN	12 oz	12/4
10045	7"	KULCHA NAN	14 oz	12/5
10053	7"	ROGHANI NAN	14 oz	12/5
10055	7"	MISSY ROTI	14 oz	12/5

They're All—



- 100% VEGETARIAN
- NO CHOLESTEROL
- NO TRANS FAT



BREADS OF SOUTHERN ASIA HAVE LONG BEEN CELEBRATED AS A SYMBOL OF LIFE—AND A PERFECT FOOD FOR THE BODY.



TANDOORI NAN

Versatile mild-flavored oval nan from the Central and Northern regions of India. Slightly leavened bread that is a wonderful accompaniment to any full-flavored entrée.



MASSALA NAN

Wonderfully flavorful oval flatbread, made with a blend of fresh chopped hot chilis with onions and a medley of Asian spices.



ROGHANI NAN

An Afghani flatbread made from wheat flour. We add sesame flour for flavor and soy flour for flexibility to achieve its signature profile.



KULCHA NAN

This very neutral flatbread is often eaten for contrast with spicy foods. A staple of India and Pakistan, this leavened wheat bread is made with little oil and no spices.



MISSY ROTI

A special combination of cumin, coriander, crushed red pepper and chickpea flour lends a unique spicy flavor to this nan.



PIZZA CRUST & PANINI

—Mediterranean Origins—Global Appeal!



Pizza Parlor Crust • Plain



2 Count Personal Pizza



Pre-Grilled Panini

Kontos pre-baked pizza crust—the most versatile bread your customers can keep in their freezers! Top with shredded cheese & tomato sauce then heat for the kids' after-school snacks. Cut into triangles, top with smoked salmon and a garnish, heat and you have an upscale appetizer! Veggie pizza makes a light lunch! Our delicious pre-baked crust is available in a 5 or 10 pack Pizza Parlor Crust or a 2-pack Personal Pizza Crust.

Grilled Panini Bread—Whether used for tuna salad or a multi-layered epic, its quality and visual appeal is always special. Good for you and your customers!



They're All—



- 100% VEGETARIAN
- NO CHOLESTEROL
- NO TRANS FAT

10065	7	PIZZA PARLOR CRUST	14 oz	12/5
19991	7	PIZZA PARLOR CRUST • Display/Shipper	14 oz	24/5
19993	7	PIZZA PARLOR CRUST • Tray	14 oz	12/5
10065006	7	PERSONAL PIZZA CRUST (2 Pack) • Master Case	5.6 oz	24/2
10065146	7	PERSONAL PIZZA CRUST (2 Pack) • Display Case	5.6 oz	14/2
10099PG	6	PRE-GRILLED PANINI	36 oz	10/10
19901309	9	PRE-GRILLED PANINI	9 oz	20/2
10035313	CHL	MINI OVALFLATBREAD • Pre-Grilled	17 oz	10/10



More MIDDLE-EASTERN & ASIAN



Other classic Middle-Eastern and Asian favorites—



Pocket Pita • White



Pocket Pita • Whole Wheat



Lavash



Handkerchief

Twenty years ago, the products on this page would only be found in ethnic markets. But customers are developing more adventurous palates, and are very willing to try breads with interesting flavors or attributes. They're eating on the run more often. If they can find a delicious bread that can be filled with or wrapped around their lunch or snack, they'll be on board with it! These breads answer that call ... tasty and functional!

We think they have a place in any shop or market.



11060	6"	POCKET PITA • White	12 oz	12/6
11070	6"	POCKET PITA • Whole Wheat	12 oz	12/6
11095	20"	HANDKERCHIEF FLATBREAD	15 oz	12/5
11026	9"x11"	LAVASH	14 oz	24/6





OUR HERITAGE AS BAKERS GOES BACK GENERATIONS ON BOTH SIDES OF THE KONTOS FAMILY. WE'VE BEEN TAUGHT TO VALUE QUALITY...AND TO OFFER ONLY THE FINEST FLATBREADS AND FILLO PRODUCTS TO OUR CUSTOMERS.

THE KONTOS NAME WILL ALWAYS BE OUR GUARANTEE OF QUALITY AND FLAVOR.

WWW.KONTOS.COM

KONTOS FOODS, Inc., PO Box 628 Paterson, New Jersey 07544

1-800-969-7482

Made in the USA



FIND US ON



/KONTOS FOODS

DISPLAY OPTIONS



- 10096481 2" COCKTAIL FLATBREAD • Display Shipper
- 19991 7" PIZZA PARLOR CRUST • Display Shipper
- 19993 7" PIZZA PARLOR CRUST • Tray
- 19989 7" GREEK LIFESTYLE • Display Shipper
- 19920 0 TOASTED TIDBITS • Display Shipper

- Wire Shelf Rack (Spring Loaded) / - Holds up to 10 bags
- Wire Floor Rack w/Header and Four Baskets - Holds up to 80 bags

