



KONTOS FOODS INC.
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Lavash

Product code: 11026

The perfect 'roll-up' flatbread! This soft and pliable 9 by 11-inch rectangular flatbread rolls in both directions. Because it is yeast based, it will absorb moisture and not fall apart. May also be used to make 'pinwheels' for appetizers. Contains No Trans Fat, and is 100% Vegetarian.

Ingredients

Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Salt, Calcium Propionate (a preservative), Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), Yeast, and Enzymes L-Cysteine.



Pack: Retail	Pack Weight: 14 oz.	Case Pack: 24/6
UPC code: 0-32394-60002-3	Net Weight: 21 Lbs.	Portion Size: 1 Flatbread
EAN Code: 1-00-32394-60002-0	Ship Weight: 24 Lbs	Case Cube: 1.40
Portion/Case: 144	Storage Temp: Frozen (-25°F - 0°F)	Shelf Life Ambient: 21 days
Shelf Life Refrigerated: 30 days	Shelf Life Frozen: One year	Case Coding: Julian (Manufacture Date)
Allergens: Contains Wheat.	Pallet Tie: 7	Pallet Height: 8
Pallet Case per: 56	Kosher Certificate: Yes - Pareve	Halal Certificate: No
Length: 20.50	Width: 13.50	Height: 8.75

Nutrition Facts

Serving Size 1 Flatbread (66g)	
Servings Per Container 6	
Amount Per Serving	
Calories 160	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 290mg	12.08%
Total Carbohydrate 33g	11%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 4g	8%
Vitamin A	0%
Vitamin C	0%
Calcium	10%
Iron	10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.