



KONTOS FOODS INC.
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Spanakopita (6 oz)

Product code: 60011

A delicious blend of spinach, cheeses, and savory spices folded into Kontos Fillo dough that bakes to a warm, golden brown with a delicate crunch and a light, healthy filling.

Ingredients

Spinach, Feta Cheese (Milk, Skim Milk, Salt, Enzymes), Ricotta Cheese (Whey, Milk, Lactic Acid, Salt), Onions, Water, Eggs, Corn Starch, Corn Oil, Butter, Parsley, Dill, Salt, Pepper. Fillo: Bleached Enriched Flour (Bleached Flour, Niacin, Iron, Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid, Water, Corn Starch). May Contain 2% or Less of the Following: Soybean Oil, Salt, Sodium Propionate and Potassium Sorbate (Preservatives).

Pack: Trays	Pack Weight: 4.5 lbs	Case Pack: 3/12 pc
Net Weight: 13.5 lbs	Portion Size: 6 oz	EAN Code: 3-00-32394-60011-6
Ship Weight: 15 lbs	Case Cube: 0.75	Portion/Case: 36
Storage Temp: Frozen (-25F - 0F)	Shelf Life Frozen: One year	Case Coding: Julian (Manufacture Date)
Allergens: Contains Wheat, Dairy, and Eggs.	Pallet Tie: 6	Pallet Height: 8
Pallet Case per: 48	Kosher Certificate: Yes - Dairy	Halal Certificate: Yes
Length: 18.25	Width: 13.50	Height: 5.25

UPC code:
0-32394-60011-5



Nutrition Facts

Serving Size 1 oz (28g)	
Servings Per Container 72	
Amount Per Serving	
Calories 60	Calories from Fat 27
% Daily Value*	
Total Fat 3g	4.62%
Saturated Fat 2.5g	12.5%
Trans Fat 0g	
Cholesterol 10mg	3.33%
Sodium 150mg	6.25%
Total Carbohydrate 6g	2%
Dietary Fiber 0g	0%
Sugars 1g	
Protein 3g	6%
Vitamin A	8%
Vitamin C	0%
Calcium	4%
Iron	2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	