



KONTOS FOODS INC.

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Onion Flatbread

Product code: 10087

For the onion lovers! This flatbread delivers onion flavor without the onion after-taste. Made with chopped onions, and a blend of sesame, cumin, and other spice seeds. A real taste treat. 'Hand-Stretched for fluffiness™', contains No Trans Fat, and is 100% Vegetarian.

Ingredients

Unbleached Unbromated Enriched Wheat Flour [Niacin (B-Complex Vitamin), Reduced Iron, Thiamin (B1 Vitamin), Riboflavin (B2 Vitamin), Folic Acid], Water and Onion. Contains 2% or less of: Calcium Propionate (a Preservative), Dextrose, Enzymes, Fumaric Acid, Guar Gum, Lactic Acid, Natural Flavors, Salt, Sesame Flour, Sodium Bicarbonate, Sorbic Acid (a preservative), Soybean Oil, Soy Flour, Soy Protein Concentrate, Spices (Ajwain, Black Pepper, Cumin, Kalongi, Sesame Seeds), Sugar, Sunflower Oil, Vegetable Monoglycerides, Whole Wheat Flour and Yeast.



Pack: Retail	Pack Weight: 14 oz	Case Pack: 12/5
UPC code: 0-32394-25237-6	Net Weight: 10.5 lbs	Portion Size: 1 Flatbread
EAN Code: 5-00-32394-25237-1	Ship Weight: 12lbs	Case Cube: 0.89
Portion/Case: 60	Storage Temp: Frozen (-25F - 0F)	Shelf Life Ambient: 30 days
Shelf Life Refrigerated: 45 days	Shelf Life Frozen: 1 Year	Case Coding: (Julian) - IYYJJJ
Allergens: Contains Wheat, Sesame and Soy.	Pallet Tie: 5	Pallet Height: 18
Pallet Case per: 90	Kosher Certificate: Yes - Pareve Pas Yisroel	Halal Certificate: Yes
Length: 23	Width: 15.75	Height: 4.25

Nutrition Facts

Serving Size 1 Flatbread (79g)

Servings Per Container 5

Amount Per Serving

Calories 230

Calories from Fat 40.5

% Daily Value*

Total Fat 4.5g 6.92%

Saturated Fat 2g 10%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 330mg 13.75%

Total Carbohydrate 39g 13%

Dietary Fiber 2g 8%

Sugars 4g

Protein 8g 16%

Vitamin A 0%

Vitamin C 0%

Calcium 10%

Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.