



KONTOS FOODS INC.
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Multi-Grain Whole Grain Pizza Parlor Crust

Product code: 10068014

The perfect blend of seven grains and seeds was chosen for this delicious, healthful crust. Its whole grain wheat, flax, millet and sesame seeds provide added nutritional benefits and a natural nut-like flavor.

Ingredients

Whole Grain Whole Wheat Flour, Water, Wheat Bran and Olive Oil. Contains 2% or less of each of the following ingredients: Calcium Propionate (a preservative), Corn Syrup Solids, Cracked Wheat, Cultured Wheat Starch, Dextrose, Fumaric Acid, Guar Gum, Lactic Acid, Millet, Oats, Rye, Salt, Sesame Flour, Sesame Seeds, Sodium Bicarbonate, Sorbic Acid, Soybean Oil, Soy Flour, Sugar, Vegetable L-cysteine, Vegetable Mono and Diglycerides, Wheat Enzymes, Wheat Gluten, Whole Grain Barley, Whole Grain Brown Rice, Whole Grain Yellow Corn and Yeast.



Pack: Retail	Pack Weight: 14 oz
UPC code: 0-32394-68014-8	Net Weight: 10.5 lbs
EAN Code: 1-00-32394-68014-5	Ship Weight: 12 lbs
Portion/Case: 60	Storage Temp: Frozen (-25F - 0F)
Shelf Life Refrigerated: 30 days	Shelf Life Frozen: One year
Allergens: Contains Wheat, Sesame and Soy.	Pallet Tie: 5
Pallet Case per: 90	Kosher Certificate: Yes - Pareve Pas Yisroel
Length: 23	Width: 15.75

Case Pack: 12/5	Portion Size: 1 Flatbread	Case Cube: 0.89	Shelf Life Ambient: 21 days	Case Coding: Julian (Manufacture Date)	Pallet Height: 18	Halal Certificate: Yes	Height: 4.25
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Nutrition Facts

Serving Size 1 Pizza Crust (79g)	
Servings Per Container 5	
Amount Per Serving	
Calories 220	Calories from Fat 36
% Daily Value*	
Total Fat 4g	6.15%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 310mg	12.92%
Total Carbohydrate 36g	12%
Dietary Fiber 4g	16%
Sugars 3g	
Protein 9g	18%
Vitamin A	0%
Vitamin C	0%
Calcium	8%
Iron	10%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	