



KONTOS FOODS INC.
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Dolmades 24/14 oz

Product code: 70025

Our dolmades are traditionally cooked using delicate grape leaves filled with a savory rice stuffing. Perfect for a flavorful appetizer or served with salads or for a tasty snack.

Ingredients

Rice (60%), Vine Leaves (10%), Onions, Sunflower Oil, Salt, Dill, Mint, Black Pepper, Acidity Regulator, Citric Acid.



Pack: Retail	Pack Weight: 14 oz	Case Pack: 24/1
UPC code: 0-32394-70025-9	Net Weight: 24 lbs	Portion Size: 4.3 pcs (114g)
Ship Weight: 26 lbs	Case Cube: 0.56	Portion/Case: 84
Storage Temp: Ambient (75°F or below)	Shelf Life Ambient: Two Years	Case Coding: Best Before Date
Ingredients: Rice (60%), Vine Leaves (10%), Onions, Sunflower Oil, Salt, Dill, Mint, Black Pepper, Acidity Regulator, Citric Acid.	Pallet Tie: 12	Pallet Height: 10
Pallet Case per: 120	Kosher Certificate: Yes	Halal Certificate: No
Length: 16	Width: 12	Height: 5
Shelf Life Frozen: Not Recommended	Shelf Life Refrigerated: ---	

Nutrition Facts	
Serving Size 4.3 pcs (114g)	
Servings Per Container 3.5	
Amount Per Serving	
Calories 160	Calories from Fat 72
% Daily Value*	
Total Fat 8g	12.31%
Saturated Fat 1.3g	6.5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 752mg	31.33%
Total Carbohydrate 20g	6.67%
Dietary Fiber 5g	20%
Sugars 2g	
Protein 2g	4%
Vitamin A	9%
Vitamin C	7%
Calcium	8%
Iron	14%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	